ADVANCE DIRECTIVE FOR HEALTH CARE CORRECT CARE SOLUTIONS CONFIDENTIAL



itieni Ivame	Inmate Number	Booking Number	Date of Birth	Today's Date
I understand that there may come a time treatments. Because this might happen, If I have a condition wherein my doctors matter what is done, then I request that the second seco	I now want to indicate s believe that there is lit	which treatments I want an tle hope that I will recover	d which treatmen and that my death	ts I don't want.
mark appropriate boxes below).			WANT	DON'T WANT
CARDIOPULMONARY RESUSCITA the use of drugs, artificial breathing, and	ATION (CPR) – l electric shock to start t	the heart beating.		
MECHANICAL BREATHING – breathing by a machine through a tube p	laced in the airway.			
SURGERY – such as removing the gallbladder or part	of the intestines.			
INVASIVE TESTS – such as using a flexible tube to look into	the stomach or lungs.			
NUTRITION AND HYDRATION – food and fluid given through a tube in th	e veins, nose, or stomac	ch.		
TRANSFUSION – of blood or blood products such as plate!	ets or plasma.			
ANTIBIOTICS – drugs to fight infection.				
NON-INVASIVE TESTS – tests with little potential for complication	ns and discomfort, such	as blood tests or x-rays.		
OTHER				
I,about medical treatment in the event that sound mind, and I understand the consequence.	I become unable to con		Ith care to indicat am at least 18 ye	e my wishes ars of age, of
Signature of inmate			Date (month, day, year)	
Signature of witness			Pate (month, day, year)	
I have reviewed this document with the patient on (date)	Signature of P	ractitioner		



Hunger Strike Contacts and Comments



Patient Name		Patient Number	Booking Number	Date of Birth	Today's Date
Site Hunger Strike Information health, chaplain, family, courtenanthe hunger strike)	on (co t, and	ntacts and intervise on; also include	entions – include me de team meetings ar	ntal health, g nd other activ	jeneral physical ities with impact
on the hunger strike) Name, credential, or relationship, or nature of occurrence	Date	Describe what hap	pened		
nature of occurrence					



Hunger Strike Initial Information Page 1 of 2



Patient Name		Patient Number	Booking Number	Date of Birth	Today's Date
Identifying Informa	ation				
Inmate name and number	Facility	Housing area	Stated reason for hunger strike	Previous hur	ger strikes?
Date started	Date identified	Date CCE se	nt		
Previous medical history		veight)		Ideal body w	eight and .8 IBW
Previous mental health h	iistory				
Current medications					
Other initial observations	1				

Objective observations

Date and time	Weight	Urine specific gravity	BP supine	P supine	BP upright	P upright	Na, K	BUN, Crt	Comment
		-							
								-	•



Hunger Strike Initial Information Page 2 of 2



Patient Name	Patient Number	Booking Number	Date of Birth	Today's Date	
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Objective observations continuation page
Date and Weight Urine BP P BP P upright Na, BUN, Crt Comment specific gravity upright time supine supine Κ



MEDICAL SERVICES FOOD AND VITAL SIGN MONITORING HUNGER STRIKE



atient Name			Inmate .	Number	Booking	Number		Date of B	Birth Too	lay's Date
DATE/TIME	MEDICAL	NOTIFIE):				s <u>-</u>	S	iite	
DATE/TIME	LAST FOO	D INTAK	≣:		_DATE/TI	ME LAST	WATE	R INTAI	KE:	
INITIAL VIT	AL SIGNS:	T P	R	B/P (lyin	g) /	B/P (s	tanding	g) /	WT	HT
DAILY EVA		25=2			-,					
DATE/TIME	WEIGHT	BP SUPINE	PULSE	BP STAND	PULSE	URINE KETONES		TIVITY	SIGI	NATURE
FOOD/WAT	ED OFFED	ED.						1		
DATE/TIME	TYP	E AI	MT. INTAKE	INITIALS	DAT	E/TIME	TY OFFE		AMT. INTA	KE INITIALS
					\vdash					
MEDICAL S	TAFF SIGN	IATURE		=		D/	ATE/TI	ME:		

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MEDICAL CLEARANCE FORM

For Inmate Workers



Patient	Name		Patient Number	Booking Number	Date of Birth	Today's Date	
Date of	f Last Phy	sical:	Date	e of Last TB Test:			
□ No □ No □ No	□ Yes □ Yes □ Yes	History of Positive TB S Cuts noted on hands, a Open sores or rash not	arms, face or neck? ted on hands, arms, t	face or neck?			
□ No	☐ Yes	Recent diarrhea, loose					
	☐ Yes ☐ Yes	Recent nausea and/or					
		Recent abdominal crar Back problems?	nping?				
	□ Yes	Presently being treated	l for a chronic illness	2			
	□ Yes	Being treated for seizu		:			
	☐ Yes	Shows any obvious sig		ise?			
□ No		Restrictions to activity?		130 :			
□ No		Takes medication that	make them drowsy o	r dizzy?		_	
		s patient has been exam s patient has no history c	•		an Inmate Worl	ker	
Patien	t has bee	n:	☐ Approved	with noted limitations:	☐ Der	nied	
	6						
	This Pat	roved as Food Service tent has been informed of Daily showers Proper hand washing price ingernails are to be kep Clean hair, must be worn Not to handle food while Notify Dietary Services SWhen ill, submit a sick cascreening for Medical Clean	or to handling food and tolean and neat and neat and neat and neat and tolean and neat sick and tolean and tol	nd after using the restroom y illness evaluation annually			
Work Flimitation	Release, ons preve <u>not</u> to ha	cated to the health instr Hall, Kitchen, or other I nting me from doing the ndle food while sick, s r of any illness.	Frustee duties. To e jobs required for Ir	the best of my knowled mate Worker Status. If	edge I have no assigned to I	physical or mental (itchen duty, I also	
Patient	Signature)	<u></u>	Date			
Health	Care Staf	f Signature	**	Date			
	This clearance is good for one (1) year or if revoked due to a medical problem preventing Inmate Worker from performing duties as assigned.						

Vermont Department of Corrections MEDICAL DIET FORM



Patient Name	Inmate Number	Booking Number	Date of Birth	Today's Date
			News to	1
PID #	Unit:		Date:	
Start Date:		5=3	5.55	e written indefinitely)
(Check o	ne) { } New {		}Cancel	
{ }Clear Liquid (Broths & Pulpless J { }Pureed (for transition from liquid to }Soft Diet (for post surgery with low fo { }Mechanical Soft (Chopped by hand (no hard, crunchy or nuts/ground meats, canned { }N.P.O. Nothing by Mouth { }Renal: Consult Required { }Allergies-Specific Food(s): { }Verified-Indefinite Non-Formu	o soft) od tolerance) I, Not blended) d or well cooked fruits & Vo Written by: Verified by:	Diabetic 8 { }200 H { }1500 { }1800 eg.) { }2200 Low Fat/Lo Fat <10%, High Fiber	k Weight Loss { cal Snack cal ADA color kcal ADA color kcal ADA color kcal ADA Heal Also Used F color Cholesterol, Low Balanced Sodium< >25g, Pregnancy & color kcal	rt Healthy For: Saturated 3000mg,
Nutritional Objective:				
Medications:				
Height & Weight/BMI;		IV	lental Health Inv	olved { }
Qualified Health Care Initial Review Per Qualified Medical Provider (Prir		Date:		
Ter qualified Medical Frovider (Fill				
(Sigr	າ):		MD, PA	A, APRN ,NP, WHNP
90 Day Review Da	te;(Date of review	Diet Cor	ntinued: { }Ye	s { }No
(Print Name and Sign):				
Next	Review Date:			
CC:Food Service Supervisor, Ir	nmate, Asst. Superint	endent, Medical Dep	artment, Original	to Medical File

CC:Food Service Supervisor, Inmate, Asst. Superintendent, Medical Department, Original to Medical File Rev. June 2010



Vermont Department of Corrections MEDICAL DIET FORM



Patient Name	Inmate Number	Booking Number	Date of Birth	Today's Date

VERMONT DEPARTMENT OF CORRECTIONS SERVICE AGREEMENT FOR MEDICAL/NUTRITIONAL THERAPY

TO THE INMATE:

1. The Medical Diet:

- This is recommended as a part of your medical/nutritional treatment plan.
- At this time you have the right to refuse this treatment.
- In the future, through a written request to a qualified health care professional, you have the right to refuse your medical diet.

2. At Meal Service:

- You are required to follow the procedure as outlined by the Food Services Staff for receiving your medical diet during mealtimes.
- You are responsible for checking your tray for mistakes and reporting this to the Food Services Officer immediately.

3. Non-compliance of your Medical Diet is:

- Failure to pick up four (4) meals within a one (1) month period.
- Observations by the Food Services Staff that the diet is not being used properly; for example, selling food items from your medical tray.
- Observation that you were taking food from the regular line, or from other inmates in addition to, or in place of, your medical diet tray.
- Making Commissary purchases contrary to the foods included on your medical diet.

4. Discontinuance of the Medical Diet:

- Your medical record will contain at least one (1) note stating that you have been counseled regarding the need for the medical diet.
- Your failure to comply with the medical diet will result in diet discontinuance.
- You can notify the qualified health care professional in writing if you are requesting to cancel your medically-prescribed diet.
- If you take a regular diet tray instead of your medical diet tray, this may result in a cancellation of the medical diet.

5. Reinstatement of the Medical Diet:

- You must make an appointment to see the qualified health care professional to discuss reinstating your medical diet.
- The qualified health care professional will make the decision whether to reinstate the medical diet; this may include the decision to reinstate it for one (1) time only.

I understand the above information provided to me r	egarding my medical diet. (Check one line below and sign this form.)
I accept the medical diet and will a	abide by the stated rules.
I refuse the prescribed medical die appointment to see the qualified health care profession	et at this time. I reserve the right to reconsider at a later date and will make an onal at that time.
Inmate Name:	Inmate Signature:
DOB:	Date:
Qualified Health Care Professional (Name):	Signature: Date:

Cc: Food Services Supervisor, Assistant Superintendent, Medical Department, Inmate Medical File, Inmate



NPO Instructions



Patient Name	Inmate Number	Booking Number	Date of Birth	Today's Date

NPO INSTRUCTIONS INSTRUCCIONES DE NO INGERIR (NPO por sus siglas en inglés)

NPO Education / Instrucciones de NPO:

Patient instructed to be NPO after midnight tonight. It was explained to the patient that "NPO" means no eating or drinking of fluids or ice cubes. Patient instructed to be NPO until the procedure is completed. The importance and rationale of being NPO was explained (for example, decreased risk of aspiration, death, or the postponement of the procedure).

Se les indicó a los pacientes permanecer en estado NPO a partir de la medianoche de hoy. Se les explicó a los pacientes que "NPO" significa que no deben comer ni beber líquido o cubos de hielo. Se indicó que los pacientes deben permanecer en estado "NPO" hasta que finalice el procedimiento. Se explicó la importancia y el motivo de NPO (por ejemplo, disminución del riesgo de aspiración, muerte o la postergación del procedimiento).

NPO Statement of Understanding / Declaración de haber entendido lo que es NPO: have been instructed to have nothing by mouth after midnight tonight (NPO). This includes food, drink, water, ice cubes, etc. I may have nothing other than small sips of water with medication until after my procedure. If I do not follow these directions, this may result in the postponement of my procedure or I may be injured by anesthetic or the procedure and may experience permanent injury or death. recibí las instrucciones de no ingerir nada por la boca a partir de la medianoche de hoy (NPO). Esto incluye comida, bebida, agua, cubos de hielo, etc. No puedo ingerir nada, excepto pequeños sorbos de agua con la medicina hasta que finalice mi procedimiento. Si no cumplo con estas indicaciones, mi procedimiento se puede postergar o la anestesia o el procedimiento puede causar lesiones en mí y puedo experimentar lesiones permanentes y hasta la muerte. I agree to this / Acuerdo hacerlo: Patient Signature / Firma del paciente Date / Fecha Medical Staff Signature Date

(Not to be given to resident prior to night lockdown.)



Patient Prescription Eligibility Form



Patient Name	Patient Number Booking Number Date of Birth Today's Date							
Gender □M □F Release Date*		Facility	Fax:	<u>k</u> =				
Member ID #* *Member ID = 3 digit site code + up to 15 digit Patient II	CVS Condor Code: 7114 Bin: 610494 PCN: 9999							
List Release Medications B	elow that are to	be covered	DISPENSE G (UNLESS DISPE					
Drug Name and Strengtl	n (with sig / dire	ctions)	Indicatio	on	Days Supply			
FAX THIS FORM TO InMedRx @ 1-8	88-363-1013	♦ TOLL FREE P	HONE NUMBER	R: 1-888-8	96-1283			
Authorized Signature		Telephone #		Date:				

Attention Pharmacist: The Member Listed above is currently eligible for benefits under this prescription care plan. Medications on this plan require Prior Authorization. The Patient ID # and prescription processing information is located at the top of the page. All medications may or may not be covered at the discretion of the sponsor and eligibility can be discontinued at any time at the discretion of the sponsor. For questions or problems processing claims for this patient, please call the InMedRx staff 24/7/365 at 888-896-1283.

**Eligibility is valid for 72 hours from Date of Release noted above



Pre-segregation Health Evaluation



1

(Two page pathway)

Patient Name	Inmate Number	Date of Birth	Today's Date
MEDICAL HISTORY:			
ALLERGIES:	CURRENTLY TAKING N	MEDS: □YES □NO	
HOLDS: □MEDICAL □PSYCH R	ECENT SAFE ROOM PLACEME	NTS: □YES □NO	
	YES, Then Date of last placement		
MEDICAL PROBLEMS:			
PSYCH PROBLEMS:			
WEIGHT: PULSE:			_
	HECK APPROPRIATE RESPO	NSE BOXES BELOW	
PHYSICAL ASSESSMENT AND OBS	ERVATION:		
General Appearance	Dirty Disheveled		
SKIN 1. Turgor □ Non-tenting □ Tenting	NEUROLOGICAL	V DN	
1. Turgor ☐ Non-tenting ☐ Tenting 2. Lacerations ☐ Yes ☐ No	1. Headache/Dizziness		
3. Bruising	•	Fluent □Slurred PERLA □ Abnormal	
4. Not Assessed	4. □Not Assessed	PERLA AUNOIIIIAI	
RESPIRATORY	CARDIOVASCULAR		
	Rhythm	☐ Abnormal	
2. Dyspnea ☐ Yes ☐ No	,	Yes + No	
3. Cyanosis ☐ Yes ☐ No		Yes No	
4. ☐ Not Assessed	4. ☐ Not Assessed		
MUSCULOSKELETAL	GI/GU		
1. Upper Extremities ROM ☐ WNL ☐ Abnorm	al 1. BS x4	Yes □ No	
2. Lower Extremities ROM □WNL □Abnorm	al 2. Distension	Yes □ No	
3. □Not Assessed	3. N/V/D □	Yes □ No	
	4. Abdominal Pain	Yes □ No	
	5. Dysuria	Yes □ No	
	6. Flank Pain	Yes □ No	
	•	Yes □ No	
	8. □Not Assessed		
PSYCHIATRIC RISK ASSESSMENT			
1. Currently experiencing suicidal thoughts or		□ Yes □ No	
(if YES, place immediate phone call t	o mental health)		
2. Past history of suicide attempts?		□ Yes □ No	
3. Recently seen by mental health professiona	1	□ Yes □ No	13
(Check PEARL and ask pt)			
4. Recent Safe Room placement		□ Yes □ No	
5. Orientation Person Place Time	2-14	14-0 037 037	
6. Does the patient exhibit any sort of disorgan			
7. Does the patient seem to be behaving in an a8. Has the patient recently experienced a traum	ippropriate manner during interv	view? □Yes □ No	
o. Has the patient recently experienced a traum	ane evenus (1e—mnormed of the	e death of a loved one; red ☐ Yes ☐ No	served lengthy sentence)
Clear for segregation placement ☐ Yes ☐	No Referred: □ Yo	es □ No If yes: □Mer	ntal Health HCP
Examiner:	Referred, E 1	S I NO ILYES. LIME	mai reatur 🗆 ref
Date/Time:			



Pre-segregation Health Evaluation



(Two page pathway)

Patient Name	inmate Number	Date of Birth	Today's Date	
COMMENTS REQUIRED ON ALL ABNORM.	ALITIES.			1
——————————————————————————————————————				
Examiner:				
Date/Time:				

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2

Segregation Inmate Daily Assessment Form



tient Name			Inmate Number	Date of Birth	Today's Date	
Date Assign Date Releas			_	ned By: Correct Health Refer to Mental	Personnel	d.
Note: Health sin segregation	staff will initia will have the	ite observ ir vital sig	vation rounds on the Ins checked weekly	day the inmate is plac	ed in segregation.	Inmates place
Observation Fr	equency: □	l Daily		Times per wee	ek	
Day	Date	Time	Observations/	Notes/Condition	Signatur	e
Sunday						
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday				=		
Physical Date:	W		BP:	Pulse: R	esp: Temp	\.
Sunday		İ		T dioc.	cop. remp	
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Physical Date:	W	1	BP:	Pulse: R	esp: Temp	n i



1

Segregation Record Review and Visit Log



Patient Name						1	nmate	Nu	mb	er			Boo	king .	Num	ber				Date	e of E	Birth		To	oday's	s Dai	te	
Date Notified:				There	NI-PE-							-																
Existing medical condition	ns preclu	ding hou	sing in	segre	Notified gation:	D:	l No		1 '	Yes	If Yes	, des	cribe:				rity no				Not in	ndicat		T:				
Currently receiving ment	al health :	services					l No		,	Yes			-	_	_	☐ Ment			Date: tified	of adn	nissio	n to s		Time: atlon:	_	_		_
										,							Not Ir							.0	-	Time:	_	
Currently on medications	i; 						l No		, (Yes							ngeme Not ir			or med		n aan	ninistra	ation:				
																	Hou	sing (Jnit::	_								
Signature							Dat	e			•	Time						J										
Visit Log																												
Month 1	2 3	4	5 6	7	8	9	10 1	1	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
January																												
February	\perp			$oxed{oxed}$										\Box														
March			ļ			_	_	╀	4			2 0		_			Ц		_							\Box		
April	11		<u> </u>		_	_	_	\perp	4		_				_											Ц		
May	11	_			_	4	_	\perp	4			_										_						
June				Ц		4	_	+	4	_		_		_			Ц					_		_	_	Ц		
July		_	-	Ш		_	4	\perp	_					_														
August	1	_	-	Ш	_	_	_	\perp	4			_		_	_	_							_					_
September	+	-	-	Ш	4	+	+	4	_	_		_		_	_	_	L		_				_					
October	+	_	1	Н		_	-	1	4			_	_	_		_		_	_									
November	+		-	Н	4	_	+	-	4						_													
December				Ш						Ц				\Box									L	Ш	Ш			
Nurses Sign & Initial:	·						_																.				į	
				_			—	-	_					,									- 95			_		
	s====							-			_												-a s	_		_	1	



THE EFFECTS OF STARVATION



DATE

Patient Name	Patient Number	Booking Number	Date of Birth	Today's Date
Prolonged starvation can result in serious has energy expenditure, a complex series of recondition. These reactions go far beyond a severe enough, they can result in serious dark	actions are set in mot simple loss of weigh	ion by the body in an ef	fort to defend items	s against this abnorma
When there is a deficit in energy intake, the whatever stored fat may be available. Wh produce energy. As this occurs, there is a v size and output. Blood pressure and respi becomes thin, dry, inelastic, pale and cold ar and falls out easily. There is a loss of sex common. Eventually the body enters a common.	en fat stores are exhavasting away of muscliratory rates are reducted bones protrude. A particle drive. Diarrhea may	susted, the body will there and of tissue in the live ched and cardio-respirator patchy brown pigmentation occur and hasten the w	n begin to use mus r and intestines, and y failure can event n may occur. Hair l	cle and organ tissue to d the heart decreases in ually occur. The skin becomes dry and sparso
Proteins are essential for maintenance of ce half of their normal levels, death ordinarily e		hen the body's proteins	have been depleted	to approximately one
In addition to the above factors, many ne (particularly in the Vitamin B group and V making the body vulnerable to other illnesse	itamin C) and further			
I understand that my refusal to eat can bring understand that continued refusal to eat may death. Furthermore, I understand that the Faits custody.	result in serious and	possibly irreversible bodi	ly changes and can	eventually result in my
I hereby certify that I have read (or had read my refusal to eat.	to me) and had explai	ned to me the destructive	effects that occur to	o my body as a result o
PATIENT NAME	SIG	GNATURE	DA	TE
WITNESS	SIG	SNATURE	DA	TE
Patient regarding the deterioration effects of his con-	Inmate # tinued refusal to eat by	/		the above information
(name)	on(date)	but refused to sign	the above form.	



SIGNATURE

WITNESS

LOS EFECTOS DE LA INANICIÓN (RECHAZO A LA COMIDA) THE EFFECTS OF STARVATION



<i>x</i>				0 0 1
ent Name	Patient Number	Booking Number	Date of Bir	th Today's Da
La inanición prolongada pued de calorías de una persona s reacciones complejas con el f simple pérdida de peso y un graves, pueden causar daños	se encuentra muy por fin de defenderse con na apariencia demaci	debajo de la energía de u tra esta condición anormal rada. Si estas reacciones	so diario, el cuerp . Estas reacciones	o activa una seri s van más allá de
Cuando existe la falta de con sanguínea, su principal comb acaben las reservas de grasa energía. Cuando ocurre esto, disminuye su tamaño y produ cardio-respiratoria. La piel co sobresalir. Puede ocurrir una fácilmente. Disminuye el apeti y la irritabilidad se convierten general es seguido por la mue	oustible. El cuerpo pa, el cuerpo comenzara, existe una pérdida o cicción. La presión sar más fina pigmentación marró ito sexual. Puede ocumen en estados comune:	orimero utilizará las grasas á a utilizar los tejidos de lo de músculo y de tejido en aguínea y el ritmo respirato a, seca, menos elástica, on irregular. El cabello se rrir diarrea y esto acelera e	s disponibles alma s músculos y los de el hígado y los in rio se reducen y p pálida y fría y los vuelve más seco I proceso de pérdi	cenadas. Cuand organos para produtestinos y el cora duede ocurrir una huesos comienzo y escaso y se da de peso. La ap
Las proteínas son esenciale drásticamente las proteínas di muerte.				
Además de los factores meno cuerpo Ocurre la falta de vita resistencia contra las enferme enfermedades.	minas (particularment	e Vitamina B y Vitamina C	c) y esto debilita a	ún más el cuerpo
Entiendo que mi rechazo a c también otros) en mi cuerpo y corporales serios y, posibleme la Institución hará todo lo posi Por la presente certifico que h cuerpo como resultado de mi	y en mi bienestar. Coi ente, irreversibles y qu ible para evitar la mue le leído (o me han leíd	mprendo que el rechazo c ue eventualmente puede c rte de cualquier persona b	ontinuo a comer p ausar mi muerte. <i>P</i> ajo su tutela.	uede causar cam Además, entiendo
NOMBRE DEL PACIENTE / PA	ATIENT NAME	FIRMA / SIGNATU	RE	FECHA
TESTIGO / WITNESS	-	FIRMA / SIGNATU	RE	FECHA
Detient		Inmate #	has bee	
			al to eat by	n advised of
Patientabove information regarding (name)	the deterioration effe	ects of his continued refus	eal to eat by sed to sign the abo	
above information regarding	the deterioration effe	ects of his continued refus		



SIGNATURE

DATE

WITNESS